



Employee Assistance Center
IMPROVING LIVES AT WORK AND AT HOME



EAC and Pine Rest EAP are joining forces to provide exceptional Employee Assistance Program (EAP) services to your organization.

BEGINNING MARCH 10, 2023
there will be a new process to access your EAP benefits.
Please read carefully to ensure that you understand these changes.

Counseling Sessions

You and every member of your household can access counseling services by calling the same phone number you currently use. The key to **FREE** services is to identify yourself and say, **“I have an EAP with... (name of organization)”**. **If you neglect to identify that you have an EAP when you call, you will receive a bill in the mail.**

Continuum of Care

Pine Rest EAP offers a unique continuum of care for EAP members. You will be scheduled with a clinician who accepts your health insurance and have the option to continue your sessions with the same therapist if you wish. We also offer access to higher levels of treatment through our hospital-based services.

Questions?

Please feel free to reach out to the Pine Rest EAP team with any questions and we will help you navigate these changes. Our confidential email is eap@pinerest.org or call us at **800.442.0809**.